

# Spa & Wellness Treatment

## G-Spa, Denpasar

Have a massage treatment for refresh your body and soul at the G-Spa Bali.

One of the largest spas in Denpasar Bali, has been designed with a strong influence of Balinese & Healing system. Enjoy the rituals of journey through sacred Eastern traditions of health and beauty.

Our Theraphyst's skills are also Spiritual, Yoga, meditation, Prana breath, by those skill they can serve better massage and other treatments with more concentration and pure services

The treatment rooms are the perfect space to relax completely under the trained hands of your therapist. The perfect place to treat that special person...enjoy G-Spa

At G-Spa room with Typical Balinese Spa music to relax together and share an experience that will surely be one of the highlights of your memorable holiday in Bali. G-Spa always pray for your health and long life

Address : Jalan Gatot Subroto Timur, East Denpasar, Denpasar, Bali 80237, Indonesia

Please Book your Spa to : [grsari\(at\)indosat.net.id](mailto:grsari@indosat.net.id)

\* Free Transfer

## **BODY and FOOT TREATMENTS**



**Get 30 % discount on the publish rates here !!!**

### **G1 BALINESE TRADITIONAL MASSAGE**

( ± 60 minutes ) – USD 30

( ± 90 minutes ) – USD 60

Balinese tradisional massage using acupressure techniques of Balinese touches and relaxing stretching in order to improve blood circulation and tired aching muscles. Ginger tea will be served.

### **G2 HERBAL MASSAGE**

( ± 60 minutes ) – USD 40

( ± 120 minutes ) – USD 55

Herbal massage with the touches of our therapeutic massage using steamed herbs pack. The herbal pack contains a blend of specific natural Indonesian herbs believed to have medicinal and healing herbs. The application of this essence in massage is intended to relieve sore muscles and tired joints, strengthen your body immune system and reactivate energy flow, and make you feel better.

### **G3 WARM STONE MASSAGE**

( ± 90 minutes ) – USD 43

( ± 120 minutes ) – USD 60

Warm stone massage is a traditional massage which uses warm

stones to provide and hold a sustained heat to specific areas of the body. This eases stress and tension and increases circulation to the affected tissues resulting in a relaxed revitalized and rejuvenated body and make better blood circulation as well.

#### **G4 AROMATHERAPY MASSAGE**

( ± 60 minutes ) – USD 35

( ± 90 minutes ) – USD 60

Aromatherapy massage is the combination of techniques of traditional massage, with essential oils. When a Aromatherapy massage is performed, great attention is paid to the scents used in the massage natural oil.

#### **G5 REFLEXOLOGY**

( ± 60 minutes ) – USD 30

Reflexology is a Tradional massage technique that focuses on the Legs and feet , It provides relief and improves general health by relieving in important pressure points on the feet, since feet is one of the nerve center.

#### **G6 EAR CANDLE**

( ± 60 Minutes ) – USD 30

Ear Candle is one of the unique and natural technique to remove excess wax and debris from inner ears, it is safe and relaxing process to relieve pressure in the ear canal, work, wonder for sinus, sore throat, stress, and very relexing.

#### **G7 MANICURE OR PEDICURE**

( ± 60 Minutes ) – USD 30

Enperience a short relaxing hand or foot massage, filing and

shaping of the nails with a color or clean enamel applied , many different colors can be chosen.

### **G8 TRADITIONAL HAIR TREATMENT**

( ± 60 Minutes ) – USD 25

Tradional hair treatment is typical Balinese treatment. Scalp and hair root massage for relaxation, drainage and skin metabolism, having better blood circulation in the head and relieving head tension

### **G9 BALI WINE SPA**

( ± 120 Minutes ) – USD.65

This massage is base on Balinese tradisional massage using acupressure teckniques of Balinese touches and relaxing stretching in order to improve blood circulation and tired aching muscles. After massage will continue with body scrub to make your skin clean, flower bath and served with Bali wine .



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**>>> 30 % Discounts when booking with Bali-Wellnes-Guide.com  
Inclusive free transfer !**

**Book this tour**

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# Bali Spa & Wellness

**Bali is the world's leading destination for wellness, spa, yoga, healing & spiritual vacation.**

On Bali-Wellness-Guide.com you can find a the best spas on Bali.

The mainly purpose of the Balinese massage is relaxation, feeding and cleaning of the body. The massage stimulates the blood circulation in the body and ensures that wastes will leave through the skin and excretory organs. The massage can help with symptoms like neck pain, whiplash, back pain, RSI, stress, rheumatism, and digestive problems. The massage is exerted mainly by hands with use of essential oils and can be combined with other therapies. The basic techniques that are used are rolling the skin, acupressure and stroking the muscles.

Try our Bali Wellness Treatments in one of our listed deluxe Bali Spas !

**Please check: <http://baliwellnessguide.com/>**

**Save up to 50 % for your spa treatments when you book with us !**

## **Example Wellness Treatments:**

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[Spa Booking Inquiry](#)

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Online Booking



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